

MAGAZINE

Briefing you with more, in and out of ghetto

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Editor's note

Let us enhance the fight against drug abuse

It seems efforts to curb the menace of drug abuse especially among the youth in our communities have still not yielded much fruits. Many youth still struggle with alcoholism, smoking, bhang, heroin and cocaine among other harmful druas.

It is disheartening to see how some political leaders intoxicate some youth to make them irate against their arch rivals. They are taken for granted, used and dumped. If this is the way to go, then Kenyan youth are in for a big trouble.

The desperation among many youth in securing life opportunities both in government and in their communities, contributes a lot to this perennial problem. Majority of them are unemployed and this has made them more vulnerable and susceptible to the threat of drug abuse.

This comes in the wake of rampant corruption cases in government where many civil servants continue to swindle millions of shillings at the expense of the public. Funds that could have been used to better the lives of many Kenyans especially the unemployed youth and women, have ended up in the pockets of few individuals.

With no appropriate action taken so far, it leaves the lives of many youth and women hanging in the balance. Youth need to be involved in the development agenda if we really need to fight against drug abuse in our communities. The adverse effects of drug abuse are evident in our

Many social ills such as crime, rape, prostitution and abortion which are closely linked to drug abuse are on the rise. In essence, it is a manifestation of frustration, idleness and desperation.

Both the government and the community should agree on possible mechanisms to mitigate the situation before it gets out of hand. Losing a life due to drug abuse is costly to the development of our communities and our country at large. Let us act now for a better tomorrow.

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From the stage to the political arena

By Kevin Oswago

There is a common adage by political pundits and gurus describing politics as a dirty game. However, despite the phrase it is a field that has attracted every Tom, Dick and Harry throwing their weight in the political arena in an attempt to get a slice of the pie.

More often than not, politics had been left to the professionals and intellectuals in different faculties of academia with political scientists taking the lion's share. As distinguished by the Pop Culture Scholar John Street the two, political actors the; celebrity politician, CP1 is one who hails from the world of politics but apes the strategies and performance of an entertainer contrasting with CP2 as an entertainer figure who pronounce on politics or claims the right to represent peoples or causes without seeking political office but with the view to influence political outcomes.

Politics today is increasingly saturated with entertainment platforms and values, creating unprecedented opportunities for unconventional political actors to enter and succeed in politics underscoring the importance of entertainment in shaping how citizens interact with politics. Entertainment influences politics today not only because entertainment values have increasingly seeped into media but all with the same end-goal of attracting public attention/support.

Moreover, entertainers can qualify as political actors, often endowed with a disproportionate ability to shape media coverage precisely because of their genesis in the entertainment-saturated information environment, where the wall between politics and entertainment is porous.

In the past ten years there has been dramatic entrance of celebrity entertainers into politics that has caused a paradigm shift in politics. From Diskjokies to media personalities and even musicians. The current USA president Donald Trump was an entertainer as observed in the local reality local show. Arnold Schwarzenegger served as a senator of Illinois, Dj Rajoliny the president of Madagascar, Joseph Haule popularly known by his stage name Professor Jay of Tanzanian a hip hop recording artist and member of the Tanzanian parliament for Mikumi constituency.

famous revolutionist Uganda's Kyagulanyi Ssentamui Known aka name, Bobi Wine has gained popularity across East Africa due to his sharp criticism of President Museveni's regime.

Then there is Kenya's Charles Kanyi aka Jaguar, Starehe Member of Parliament popular for his hit single Kigeugeu. He successfully vied for the Starehe Member of Parliament in the hotly contested seat and clinched it becoming the first musician to enter parliament in Kenya.

Owing their success as a result of media that defined their personas as well as demonstrated their fortitude, it enhanced their appeal to the electorate by incorporating matters of performance, personalization, branding and public relations into the heart of their political representation.

One reason behind entertainers' success in politics is brought about by the brand that they have already have and their rapport with their audience. Their campaign is taken over by media hype and the public attention created by their celebrity status subjects them to celebrity treatment as opposed to a politician and so, they are scrutinized differently.

Psychology points to the sticky nature of human thoughts that tell us that once we conceptualize an object in a certain way, it can be quite difficult to re-conceptualize The notion of functional fixation is

There are many more who have tried and failed among them Kajairo from the iconic TV show Redyukulass who unsuccessfully vied for the Embakasi MP seat on an Orange Democratic Movement party. The latest is DJ Kriss Darlin.who is a popular reggae DJ. He lost in the ODM by-election after the seat was declared vacant following the demise of Ken Okoth. There is also the current Jubilee candidate, retired soccer Mc Donald Mariga who amidst controversy was cleared by the IEBC to vie for the hotly contested Kibra seat.

applicable to political candidates as well as objects.

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In a nutshell today's blurred boundaries between entertainment and politics have a myriad of pathways for those in the entertainment field to enter and shape the political field and for political actors of all stripes to use (and be used by) entertainment media. We are yet to experience their contribution in politics not only in Kenya, but Africa at large.

Hustle: My yellow tuktuk

By Ayub Abdallah

The transport sector is one of the departments that has absorbed a majority of young people through the creation of job opportunities for many all over the country.

A good number of youth in the informal settlements are putting food on the table through commercial motorcycles and from recent observations, by having tuktuks. According to Lindi Tuktuk Management Sacco officials, over 300 youth have been employed by more than 100 tuktuks which ferry people.

Joshua Buwiti Ingira alias Noah is a tuktuk operator in Makina. He started his venture in the bodaboda sector three years ago. He decision to own a tuktuk was influenced by the amount of money tuktuk operators made alongside the ease in becoming one of the operators.

Motorcycles and tuktuks are a popular mode of transport used by small business men and women to move their commodities such cereals from Toi Market to their business premises. "As tuktuk operator, we charge Ksh20 per person from Makina to Lindi route. It's Ksh20 regardless of whether you boarded in the stage or along the way," he explained.

Currently they're facing stiff competition among themselves because there are many tuktuks plying the route compared to the numbers of customers who are accessing the mode of transport on daily basis.

A standard tuktuk is a six seater and is estimated to make more than Ksh120 in one trip when it ferries passengers from Makina stage to Lindi. Buwit who is aspiring to contest for tuktuk chairmanship position revealed on a good day when customers are many, a tuktuk driver take more than Ksh1,500 home after paying off daily expenses of Ksh2, 000.

On a bad day when customers are few, the tuktuk driver make about Ksh800 or Ksh100. "Our daily expenses comprise Ksh 400 for the Sacco, parking fee of Ksh50 and Ksh1500 for the tuktuk owner if it's hired," the business man explained.

Noah admitted they are facing a couple of challenges as stakeholders in the bodaboda sector such as disturbing passengers, language barriers and reckless matatu drivers among other challenges being encountered by operators. Buwit discouraged the residents from buying tuktuks to curb the rate of competitions among bodaboda operators.







Shofco Urban Network holds elections in Mombasa

By Anwar Sadat





Shofco Urban Network (SUN) is a community advocacy platform that brings the communitIES together though clean up exercises, tournaments and tragedy compensations such as fire, death assurance and evictions.

With Shining Hope For Communities (SHOFCO) vision to build urban promise from urban poverty, SUN has expanded to Kawangare, Mukuru, Mathare in Nairobi and Maweni, Mashomoroni and Bangladesh in Mombasa. Elections have so far been held in various villages in Nairobi where they showed a high level of transparency, companion spirit and discipline.

The same example was followed in Maweni, Mshomoroni and Bangladesh where members elected overall chairperson, women rep and youth leader.

The elected leaders will be responsible for accessing and presenting the community needs to SHOFCO and relevant authorities and follow up with the matters until a solution is found or an agreement is made.

SUN was very much welcomed in Bangladesh attracting some government officials such as Badi Twalib Badi, who is the area Member of Parliament.

Badi vowed to work with SUN to ensure that the community receives better facilitation in terms of development and problem resolutions.



SUN Youth Representative Forum











FROM THE STREETS TO **COMMEDY STAGE; THE STORY OF MCA TRICKY**

By Walter Mbita

"My signature style on the stage is a baggy grey coat because we are all different and unique and not the same"-MCA Tricky

aul Kimani Njoroge also known as MCA Tricky is a well known comedian both locally and internationally through the funny jokes he makes while performing and entertaining audiences. The 26-year-old celebrated comedian whose inspiration comes from the life on the street says he went to the street as a hustler and not as a street boy as people and bloggers put

The celebrated comedian was born in Makindu, Makini and was bred there partially but the rest of his childhood days were spent in Nairobi. "Growing up, I had a normal upbringing just any other kid in the hood and faced the same challenges just like other children," he explained.

"Being in the street was not my intention. I was there as a hustler because everyone is out to make money including those who are in offices; we are all hustling," the comedian said.

MCA Tricky used to make jokes with his close friends. What he did not know was that he was being comical. "With time I realized how I could easily make people laugh and from there, I started comedy actively," he stated.

His breakthrough came when he performed on

Churchill Show. After people got to know him for his talent. "Back then no one knew I existed," he joked.

MCA Tricky does not only eke a living from comedy but also has other ventures that pay his bills. He says it is risky to only depend on one job and having many gigs is a great safety net.

Tricky described the comedy industry as a business venture and not just comedy as people call it. "Comedy is a business field because we earn a living from. We pay bills by entertaining people," he said

"I do not have the explicit right to make my audience laugh at my jokes all the times so in case they fail to laugh at the jokes, I do not get upset," he said adding that it only disappoints him when he feels disrespected by people.

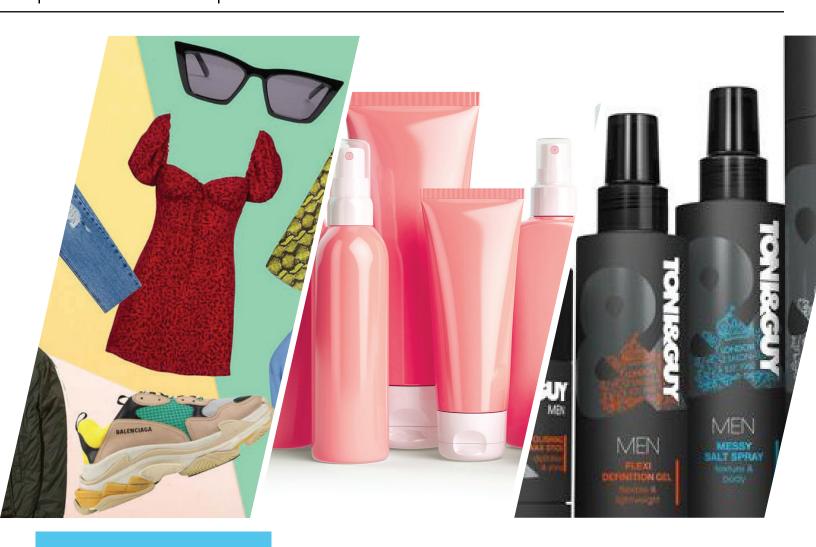
When Tricky was charting his path of venturing into the world of comedy, he had prepared his parents and family. "I used to tease them by telling them that one day I will be a great comedian. I told my family about my dream of becoming a comedian and so when I got into the comedy, they were okay with it," he stated. He attests to having great family support as an integral part of his career. "Back at home, I am made fun of because of the love they have for me."

The comedian has a routine and schedule to ensure things move smoothly. "I am very careful with how I use my time well and I have a team that helps me," he says.

MCA Tricky said that the abbreviation MCA is a word which represents so many things in the society. "I represent a normal hustler but I use comedy to connect to people of all kinds. It could be a certain thing or people and I am happy about that when I represent especially the youth who are working hard to map out their paths in life," he explained.

He hopes to host a tour for the upcoming young talented comedians. "I hope to mentor them and teach them how the industry works today. No one should force themselves onto career paths that they are not passionate about but instead go after their dreams."

He sums up by advising young people to reflect and listen to their hearts.



Clothes and shoes

Trendy clothes and shoes are a must have closet items for some women and they might be really expensive especially if they are designer brands. Flea markets in Nairobi like the famous Gikomba and Toi markets are a great way of acquiring inexpensive apparels and footwear. Some might be knockoffs so one has to have a good eye to distinguish them. Comparing prices from shop to shop and looking out for flash sales are also great ways to stay on budget.

Skin cosmetic products

BEAUTY 101: GLAMOUR ON A BUDGET

With Babra **Odhiambo**

By SUN Magazine Correspondent

Products that enhance appearances are highly sought by both the old and young. Everyone favors brands that are suitable for their skin complexion which are mostly high-end, albeit not all can afford them. Some known drugstore brands are more affordable and could be great alternatives. The kitchen is also a gold mine for skin care products including turmeric, honey, lemons, eggs, avocado etc. which can be used as facial masks and can be easily acquired.

Hair products

African hair requires extra attention due to its frizzy nature and use of harsh products can lead it to lacking luster and breakage. Frequent use of heat, dyes and perms on certain hair is also illadvised. Having a hairstylist who advises you on what styles to braids according to your hair type is also essential to maintain the hairline and your hair's volume. Apart from braiding hair, synthetic or semi human wigs are also a great way to go. Buy affordable shampoos according to the need you have and never forget to moisturize your hair regularly.

Even with use of cosmetics and other products the most important beauty regimen is hydration and staying fit. In order to stay in budget, avoid hoarding especially during flash sales or product promotion. Lastly prioritize the products that you really need during budgeting.

NGO seeks to deliver girls from menstrual 'shame' By Philip Ocheche

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Reproductive health education plays a very important role in teenagers both male and female.

In Kenya, we still have unfilled gaps when it comes to this topic but strides are being made with the latest engagement on Comprehensive Sexuality Education. However, menstrual hygiene education seems to have been left out and this being the first stage of puberty there is much more to be considered. To date, Kenyan Government, NGOs and corporate partners have focused on providing menstrual hygiene management education and awareness and menstrual hygiene management products as means of keeping girls in school and providing specialized menstrual health education and awareness for girls and young women. Small scale studies indicate that 65% of Kenyan school girls across the country use homemade alternatives as primary or secondary solutions.

A survey done by Procter & Samp; Gamble (P& Samp; G) and Heart Education found that 42% of Kenyan school going girls have never used sanitary pads and instead use alternatives such as rags, blankets and pieces of mattress, tissue paper, and cotton and

This is what transpired to formation of NivalishePad Initiative formed in August 2018. Its area of focus is the informal settlements of Nairobi targeting young girls aged 12-19 years and adolescent boys aged 12-19 years as of now.

The main aim of the initiative is to provide sanitary towels to the girls and educating both young boys on matters of menstruation hygiene, SRHR and mental health. The initiative also seeks to address the role of the boy child in the young girls life.

NivalishePad seeks to advocate for the breaking of the taboos that are associated with menstruation in both formal and informal settlements and bring to an end of period poverty in Kenya – as most marginalised women cannot afford menstrual hygiene products.

What

is needed to be done in order to help reduce the stigma and discrimination around menstruation is to have the government come in to ensure that each an every girl has access to menstrual hygiene products and water.

Sexual reproductive health programmers should also help in coming up with sustainable programs that can help the young girls and women. The public also need to have correct information since they are the first audience that relay information. It is our collective responsibility to ensure that no girl is lost to mis-information and subjected to

shame due to menses where we need to create a space for women and men to talk about menstruation.



One on One:

Stivo Simple Boy

Stephen Otieno Odera also known as Stivo Simple Boy is the Mihadarati hit maker that made headlines. The 28-year-old singer talks to Walter Mbita about his musical career.

Who is Stivo Simple Boy?

I am Stephen Otieno. My stage name is Stivo Simple Boy. I am 28-years- old and a hip hop musician. I write my music and hope it impacts the youth. I am also a comedian although this is not known to many.

Tell us about the jam that catapulted you

I wrote Mihadarati in 2017 and recorded it in 2018. Unfortunately, in 2018 it did not garner mileage but I kept pushing. At first people did not take it seriously. They ignored it. In 2019, it picked up and went viral after performing it for the second time on the Chipukeezy's Show on Ebru Tv. The reason I composed the song was to talk to the youth out there so that they could quit abuse of drugs and to start engaging in some productive activities that will transform their lives.

What was your upbringing like?

I basically grew up in the rural area in Nyanza, a certain area known as Uyugis. I came to Nairobi to look for a job opportunity. I am now based in Kibra where I am nurturing my music

You have another new song. Tell us about it.

Yes, I have another new song and it is called I Lift You High. I have done a collaboration with a lady in the song and it is about how God loves us all and therefore, we are appreciating him for what he has done for us.

What style do you use in your

I have different styles but for now, I have three main ones. I usually apply hip -hop, rhymes and

How many songs do you have?

I have 13 songs for now. The recorded ones are two and they all have videos as well.

Have you ever used any illegal drug before?

No. I have never ever used any illegal substance but I have been a passive smoker (laughs). So composing the Mihadarati song which directly talked about the negative side of the illegal drug was just a message to advice my fellow young people on how using bad drugs is killing us.

Right now you are trending. Is there any company that has approached you to perhaps be their ambassador?

Company? Not yet, but some people are really asking me to be their ambassador but it has not been confirmed yet. I have a big hope that many corporates will come in looking for me to perhaps be their ambassador.

You recently got in a tiff with Rington Apoko. What was that all about?

Ringtone said that I did not belong to the gospel industry. He should understand that God is the only one who knows the reason why he calls someone into something. I do not have any beef with him at all. I am an artist and I do what God called me to do.

What is your plan in the next five years as an

My plan is to help young people in my community and I will do this through youth projects that will be able to impact many lives.

In conclusion, what can you tell the youth?

I would like to tell them that first, always put God first and work smart and hard. Secondly, believe in yourself. Do not fake it. That way you will succeed in anything you do.

Boxing gloves off

By Felix Omondi

The Kenyan boxing world was handed a heavy blow when sports betting firm SportPesa announced earlier in August that it was canceling all its local sports sponsorships agreements following an impasse with the government over the new betting tax laws.

he year is 1987, the fourth edition of the All African games are being held in Nairobi and the whole country is hawk-eyed watching to see the kind of show our athletes are going to put up at this premiere event.

The ultimate show finally came in the boxing final when a total of eight Kenyan boxers went into the final and all bagged gold medals after putting up an exhilarating show of a combination of quick feet and punches that left both their opponents and the

Notable at the event was Robert Wangilla, who beat Ethiopia's Sahelu Mekuri, to win the welterweight gold medal. A year later, at the Seoul 1988 Olympic Games, Wangilla put together a show of stylish moves, quick, accurate and powerful punches that knocked down Laurent Bouduani of France, writing his name in the history books as the first African to ever win an Olympic gold medal in boxing.

This was an icing on the top to series of campaign

that had begun almost a decade ago during the 1978 Commonwealth games in Edmonton Canada, where they lifted their maiden boxing title with a total of seven medals coming through gold medalists light flyweight Steven Muchoki and Michael 'stone' Irungu of flyweight. Silver through Patrick 'mont' Waweru and Abdurahaman Athuman in the lightweight and light-middleweight categories respectively. Bronze came by way of bantam weight Douglas light-welterweight Michael Maina, and light-heavyweight Mwangi Edward Thande.

The good performance was replicated in the 1982 games in Brisbane when Kenya retained its boxing title after clinching three gold medals, a silver and a bronze medal. Ibrahim 'Surf' Bilal, of the light flyweight category, who won a gold medal at this event went on to put an exciting show at 1984 Los Angeles Olympic Games where he bagged a bronze medal.

Kenya went on to become a force to reckon with in the boxing arena as they were Commonwealth boxing champions in 1982, 1990 and 1994 where they bagged two gold medals, 2 silver medals three bronze medals.

Then slowly came the downfall from the throne when during the Commonwealth games In Manchester, Kenya failed to win a single medal in boxing since 1966 games in Kingston Jamaica. Three of the four-man Kenyan team was eliminated in the first phase of the competition, while Bernard Ngumba who proceeded to the second phase was stopped in the first round by a fighter from Sri Lanka. Whereas the Kenyan team had been known to go head to head with participants from established boxing countries like Russia, Cuba and United States, the Kenyan team at the 2002 games struggled against opponents from Lesotho, India and Seychelles. The demise of Kenyan boxing can be attributed to the lack of appropriate boxing facilities outside the Kenya Police, the Armed Forces Amateur Boxing Club [AFABA] and the Kenya prisons. Back in the day, their used to be boxing training facilities in many neighborhoods in Nairobi with the most notable one being the Dallas boxing club in Muthurwa and the Nakuru Boxing club that produced Philip Waruinge who went on to win bronze and silver medal in the 1968 and 1972 Olympic games. The Kenyan boxing world was handed a heavy blow when sports betting firm SportPesa announced earlier in August that it was canceling all its local sports sponsorships agreements following an impasse with the government over the new betting tax laws. This seemed like a sucker punch for a sport that has been trying to regain its footing back to its glory days. SportPesa sponsors national boxing league known as the SportPesa National Boxing League and also sponsors Kenyan boxer Fatuma 'Iron Fist' Zarika and has been involved in the refurbishment of a local boxing facilities across Nairobi including a boxing center in Mathare North where Fatuma Zarika started her career.

The Kenyan boxing world was handed a heavy blow.

PLK boss wants heads of technical bench trained

By Ayub Abdallah



hief Executive Officer of Pathologist Lancet Kenya(PLK) Dr Ahmed Kalebi has appealed to the Cabinet secretary for sports to organize training for heads of technical bench from Kibra constituency.

Speaking in presence of Sports CS ambassador Amina Mohamed during celebration of Gogo Boys' 5 years' anniversary in Darajani - Kibra, Dr Kalebi expressed confidence in the Sports Ministry ability to organize training workshop for Kibra coaches.

Gogo Boys number one fan revealed Grandpa Records owner Yussuf Noah alias as Refiga is planning to host a camp with a team from Europe to train Kibra teams' coaches.

"We hope Refiga can be extended with intervention of sports ministry. Majority of our coaches lack technical training to sharpen their coaching skills," Dr. Ahmed Kalebi said.

PLK Chief Executive Officer said despite the

ability they have to do other things individually, they need networks and sports ministry support to give coaches technical capacity.

"Our coaches need to be trained. We don't have a single playing ground other than Woodley which is in a poor condition. I'm aware Nairobi county government had promised to refurbish it but the pledge has not been fulfilled. So we are planning to put a turf in the big ground behind Gogo Boys office where matches can be hosted up to midnight," a Gogo fan stated.

According to Kalebi, some of the clubs are hiring playing grounds at a cost of Ksh3, 000 per hour in places like Spring Valley and Hurligham while putting a turf cost less than five million.

He disclosed they are looking how to engage young people in terms of sports on how they can get into different games such as Table Tennis and Volleyball.

"I am sure there are wasted talents which have not been exploited. We want to start Gogo Girls volleyball team and Table Tennis to give opportunities to those who have interest. If we get more supports from government and partners, we will nurture of many youths."

However, the plan to start table tennis received a major boost following former Red Cross Kenya governor pledge to get Table tennis for Gogo. "Having seen the good work the clubs leadership have done, In-Sha-Allah (God willing) I will get a table tennis for Gogo refurbished youth hall so that our youth can be able to train. I believe whatever we start in a small humble way Allah will pull it when it is done in good," former Red-Cross governor

Mathare Flames Fc beat Kawangware United 8-0

By Felix Omondi

The newly formed Mathare Flames Fc are living up to their name after they blazed away bottom placed side Kawangware united 8:0 in a one sided match played at the drive inn grounds in Mathare North.

The win saw Flames, who were a class above their opponents, reclaim their top spot from Githurai All Stars who had earlier edged a narrow solitary goal victory away to Meltah Kabiria Fc at the Kawangware BP

A single point is what now separates the two teams as Mathare flames sits top of the table with 48 points while Githurai All Stars are second with 47 points and only a single game in hand.

Flames who have the league's best defensive record have only conceded 19 goals so far and are behind on goal difference as their title challengers Githurai All Stars have netted 51 goals and conceded 21 goals against Flames 33 goals for.

Mathare Flames seek to keep their fire burning as they travel away to the Nakeel Grounds to face 11th placed side Rongai All Stars on game week 28 of the Super 8 Premier League.

The match is set to be a breathtaking match as both teams have a lot on the line if they lose the match. Flames on their side are looking towards widening their lead on top of the table to a three-point lead after second place Githurai were held to a 1:1 draw by traveling side MASA.

On their side, Rongai are hoping to keep to their winning ways and clinch the much needed three points that will help them stay away from the relegation drop of point which they are now a single point away from.

The relegation battle is currently an ongoing fierce battle with Team Umeme and ShauriMoyo Sportiff in 13th and 14th position respectively tied on 27 points each with 15th placed side Makadara J.LSA only three points away.

The fate of Kawangware United, with the worst league defensive recorded as they have conceded 66 goals, seem to have been decided as they lie bottom of the pile with only 15 points from 26 games as they have only managed 3 wins and lost 17 games drawing 6.



SUN Magazine is a monthly newspaper published and distributed by Shining Hope for Communities as part of its programs aimed at empowering slum youth by developing their media skills and also to bring attention to the issues affecting the residents of informal settlements. All the work that goes into production of this newspaper is done by youth from the slums. Correspondence should be addressed to sunmagazine@shininghopeforcommunities.org. You can also visit our Facebook page https://www.facebook.com/SunMagazineKe/ and follow us on Twitter @SunMagazineKe for constant news updates, photos, and videos. For news and advertising